

APPLICATION FOR MEMBERSHIP

The fee for joining the club is £8.00 which includes a new club badge

Title (Mr/Mrs/Ms).....

Forename.....

Surname.....

Address.....

.....

.....

.....

Postcode.....

Telephone.....

Mobile.....

*Email.....

Emergency contact name and telephone No:

.....

.....

Cheques made payable to: *Whitehaven Rambling Club*

Return form to WRC Membership Secretary,
2 Church Hill, Whitehaven, Cumbria CA28 8NE

**By supplying your email address, you agree to receive the occasional email concerning Club activities*



Come and join us!



WHITEHAVEN RAMBLING CLUB

WHITEHAVEN RAMBLING CLUB



INFORMATION & APPLICATION FOR MEMBERSHIP

Web site: www.whitehavenramblingclub.org

Email: info@whitehavenramblingclub.org

SUNDAY WALKS

Regular fortnightly rambles are organised throughout the year on alternate Sundays. These are normally from 4 to 6 hour duration. Each walk has a designated leader who can be contacted for further information. We cater for a wide range of walking abilities in three separate groups, ranging from strenuous to easy-going walks on low inclines.



Bassenthwaite. Photo by courtesy of Dave Wilson

HOLIDAYS

The Club organises two or three holidays a year for 4 to 7 days, usually staying at hotels or holiday centres up and down the country and occasionally abroad. For the holiday, there is normally a schedule of walks and activities and/or visits arranged to suit all tastes and abilities. Details of holidays, costs and applications can be found in the Club bulletin.

WEDNESDAY EVENING WALKS

The Club also organise Wednesday evening walks during the Summer months. These are about two hours and not too strenuous though can involve some hill climbs.

These walks are more of a social nature, intended to suit all abilities and are undertaken at a relaxed pace. The locations are usually within an easy driving distance from Whitehaven.

WEDNESDAY EVENING TALKS

During the Winter months a programme of talks and social evenings are held on Wednesday evenings from October through to March. The venue is the United Reformed Church Hall, situated at the Irish Street end of the Whitehaven Market Place. There is a small admission charge of £2 per person.

After the main event, tea, coffee and biscuits are served.

PHOTOGRAPHY

Photo by: Louise Wilson



Rambles often provide fantastic photographic opportunities for the keen amateur photographer. The club is keen to promote photography and holds photographic competitions, sometimes jointly with the local Photographic Society. The club also has regular evenings showing member's photographs.

CLOTHING AND EQUIPMENT

Basic protective clothing for a first-time walker is essential. Good footwear comes first and a good pair of walking boots are recommended. Not only does this keep feet dry, they also protect ankles from twisting on uneven terrain. A protective waterproof but breathable top such as an anorak is also essential and waterproof over-trousers desirable.

Walking poles are your choice but many people prefer to use poles on uneven ground or steep descents.